

Camp Sunrise Menu

Junior Camps

June 2023

●Contains Gluten ●Contains Dairy

Sunday Breakfast	Sunday Lunch	Sunday Supper
<i>Staff Only</i>	<i>Staff Only</i>	Chicken Tenders● Mac and Cheese●● Green Beans Salad (<i>ranch</i> ●) Peaches, Pears, or Pineapple Water
Monday Breakfast <i>(Girl's @ Campfire Deck)</i>	Monday Lunch	Monday Supper
French Toast● (<i>syrup, honey, butter</i> ●) Bacon Water, Apple Juice, Milk●, Hot Drinks (Campfire Deck breakfast: bacon, pancakes●, milk●, water)	Hamburgers● (<i>ketchup, mustard, mayo, pickles, onion</i>) Potato chips Apple Sauce Coconut Oatmeal Cookies●● Water, Lemonade	Baked Ziti●● (<i>parmesan</i> ●) Salad (<i>ranch</i> ●) Rolls● (<i>butter</i> ●, <i>honey</i>) Pear Crisp● (<i>Whipped Topping</i>) Water
Tuesday Breakfast <i>(Boys @ Campfire Deck)</i>	Tuesday Lunch	Tuesday Supper
French Toast● (<i>syrup, honey, butter</i> ●) Bacon Water, Apple Juice, Milk●, Hot Drinks (Campfire Deck breakfast: bacon, pancakes●, milk●, water)	Sloppy Joes● Fritos Carrots, Celery (<i>Ranch</i> ●) Peaches, Pears, or Pineapple Water, Lemonade	Taco Salad● (<i>ground beef, lettuce, beans, corn, jalapenos, tomatoes, tortilla chips, grated cheese</i> ●, <i>ranch dressing</i> ●, <i>salsa, sour cream</i> ●) Jello Cake●● (<i>prepare in AM</i>) Water
Wednesday Breakfast	Wednesday Lunch	Wednesday Supper
Coffee Cake●● (<i>prepare night before</i>) Sausage Scrambled Eggs● Water, Milk●, OJ, Hot Drinks	Sandwiches (<i>bread</i> ●, <i>deli meat, sliced cheese</i> ●, <i>mayo, mustard</i>) Potato Chips Cinnamon Rolls● Water, Lemonade	Chicken Casserole● Salad (<i>ranch</i> ●) Rolls● (<i>butter</i> ●, <i>honey</i>) Brownies●● Water
Thursday Breakfast	Thursday Lunch <i>(at the pavilion)</i>	Thursday Supper
Biscuits● and Gravy●● Grapes Water, Milk●, Apple Juice, Hot Drinks	Hot Dogs● (<i>onions, ketchup, mustard, relish</i>) Doritos Peaches Baked Beans Cowboy Cookies●● Water, Lemonade	Chicken Alfredo● Salad (<i>ranch</i> ●) Rolls● (<i>Butter</i> ●, <i>Honey</i>) Banana Splits● Water
Friday Breakfast	Friday Lunch	Friday Supper
Breakfast Muffins● Vanilla Yogurt●, granola Bananas Water, Milk●, OJ, Hot Drinks	Pizza●● Fruit Water, Lemonade	<i>Staff Only</i>

Please note: Menu may be subject to change based on current availability of ingredients.