

Camp Sunrise Menu

Teen Camp 1

July 7-12, 2024

●Contains Gluten ●Contains Dairy

Sunday Breakfast	Sunday Lunch	Sunday Supper
<i>Staff Only</i>	<i>Staff Only</i>	Chicken Tenders● (BBQ, ranch●, ketchup) Mac and cheese●● Green beans Peaches, pears, pineapple Water, Tea
Monday Breakfast	Monday Lunch	Monday Supper
Pancakes●● (syrup, butter●) Bacon Water, Coffee, Apple Juice	Hamburgers (buns●, ketchup, mustard, pickles, mayo) Potato Chips Apple Sauce Cake cookies (Lemon)●● Water, Lemonade	Spaghetti (ziti noodles●, parm●) Salad (ranch●) Rolls● (butter●) Water, Tea Yellow cake● (chocolate whipped topping●)
Tuesday Breakfast	Tuesday Lunch	Tuesday Supper
Coffee Cake●● Sausage Scrambled eggs● Water, Coffee, Orange Juice	Sloppy Joes● Carrots and celery (ranch●) Corn Chips Chocolate chip cookies●● Water, Lemonade	Taco Salad (tortilla chips, shredded cheese●, shredded lettuce, salsa, sour cream●, ranch, black beans, tomatoes, onions, black olives, guacamole) Poke cake● (whipped topping●)
Wednesday Breakfast	Wednesday Lunch	Wednesday Supper <i>(campfire deck)</i>
French Toast●● (syrup, butter●) Bacon Water, Coffee, Apple Juice	Ranch chicken wrap● (tortilla shells●, lettuce) Carrots (ranch●) Potato chips Cinnamon Rolls●● Water, Lemonade	Tin foil dinner (ground turkey, potatoes, green beans, carrots, onions) Rolls● (butter●) Brownies●● Water
Thursday Breakfast	Thursday Lunch <i>(at the pavilion)</i>	Thursday Supper
Sausage gravy● Biscuits●● (jelly, butter●) Grapes Water, Coffee, Orange Juice	Hot Dogs (buns●, ketchup, mustard, relish, onion) Doritos Peaches Baked Beans Oatmeal coconut cookies●● Water, Lemonade	Chicken Alfredo● (ziti noodles●) Roasted broccoli (ranch●) Rolls● (butter●) Banana Split● Water, Tea
Friday Breakfast <i>(at the pavilion)</i>	Friday Lunch	Friday Supper
Yogurt● Granola● Banana Chocolate Chip Muffins●● Water, Coffee, Juice?	Pizza● (pepperoni, cheddar cheese●, mozzarella●) Apple sauce Water, lemonade Leftover cookies●●	<i>Staff Only</i>