

Camp Sunrise Menu

Teen Camp 1

July 10-15, 2022

● Contains Gluten ● Contains Dairy

Sunday Breakfast	Sunday Lunch	Sunday Supper
Staff Only	Staff Only	Baked Chicken Tenders ●● Mac and Cheese ●● Green Beans ● Salad (ranch dressing ●) Peaches, Pears, or Pineapples
Monday Breakfast	Monday Lunch	Monday Supper
French Toast ●● (butter ●, honey, syrup) Bacon Apple Juice, Milk ●, Water, Hot Drinks	Hamburgers ● (ketchup, mayonnaise ●, mustard, pickles) Potato Chips Apple Sauce Oatmeal Chocolate Chip Cookies Water, lemonade	Chicken Casserole ●● Rolls ● (butter ●, honey) Salad (ranch dressing ●) Peach Crisp ● (whipped topping ●)
Tuesday Breakfast	Tuesday Lunch	Tuesday Supper
French Toast ●● (butter ●, honey, syrup) Bacon Apple Juice, Milk ●, Water, Hot Drinks	Sloppy Joes ● Fritos Carrot and Celery Sticks (ranch dressing ●) Peaches, Pears, or Pineapple Water, lemonade	Hamburger Patties (ketchup, mustard) Carrots Tater Tots Onions Hawaiian Rolls ● (butter ●) Brownies ●
Wednesday Breakfast	Wednesday Lunch	Wednesday Supper
Scrambled Eggs ●● Coffee Cake ● Sausage Orange Juice, Milk ●, Water, Hot Drinks	Bread ●, cheese ●, deli meats (mayonnaise ●, mustard) Potato Chips Cinnamon Rolls ●● Water, lemonade	Taco Salad (ground beef, tortilla chips, tomatoes, beans, lettuce, ranch dressing ●, salsa, grated cheese, jalapenos) Poke Cake ● (whipped topping ●)
Thursday Breakfast	Thursday Lunch (at the pavilion)	Thursday Supper
Baked Oatmeal ●● Sausage Orange Juice, Milk ●, Water, Hot Drinks	Hot Dogs ● (ketchup, mustard, pickle relish, onions) Doritos Baked Beans Mandarin Oranges Coconut Oatmeal Cookies ● Water, lemonade	Orange Chicken ● Mixed Vegetables Rice (butter ●) Banana Splits ●
Friday Breakfast (at the pavilion)	Friday Lunch	Friday Supper
Granola Bananas Vanilla Yogurt ● Orange Juice, Milk ●, Water, Hot Drinks	Pizza ●● Fruit Water, lemonade	Staff Only

Please note: Menu may be subject to change based on current availability of ingredients.